



### **Lesson 1- “Why am I here?” (An Introduction to *Chosen*)**

Seg. 1- What are you looking for? (2:32)

Seg. 2- Beginning the journey (5:02)

### **Lesson 2- “What makes me happy?” (Discovering God as the Source)**

Seg. 1- What makes me happy? (4:08)

Seg. 2- Is there something more? (4:47)

Seg. 3- Are we on our own? (3:47)

### **Lesson 3- “What’s your story God?” (A Look at Salvation History)**

Review Game- (1:48)

Seg. 1- What’s your story God? (9:30)

Seg. 2- Jesus’ Divine Rescue Mission (7:20)

Seg. 3- A Kingdom on Earth (9:16)

### **Lesson 4- “How do I know God is real?” (Understanding Divine Revelation)**

Review Game- (1:44)

Seg. 1- How do I know God is Real? (9:22)

Seg. 2- Scripture and Tradition (8:27)

Seg. 3- Our Response to God (9:03)

### **Lesson 5- “Who is Jesus?” (The Person and Mission of Christ)**

Review Game- (1:48)

Seg. 1- Who is Jesus? (4:36)

Seg. 2- Evidence for Jesus (3:48)

Seg. 3- Why did Jesus come to us? (3:44)

### **Lesson 6- “Why be Catholic” (Discovering the Church Jesus Founded)**

Review Game- (1:49)

Seg. 1- Why be Catholic? (9:24)

Seg. 2- Apostolic and Catholic (4:15)

Seg. 3- The Church is Holy (4:03)

## **Lesson 7- “Where am I going?” (A Look at the Four Last Things)**

Review Game- (1:48)

Seg. 1- Where am I going? (15:09)

Seg. 2- Heaven and Hell (9:56)

Seg. 3- Purgatory (5:09)

## **Lesson 8- “How do I get there?” (The Power and Purpose of the Sacraments)**

Review Game- (1:48)

Seg. 1- How do I get there? (8:16)

Seg. 2- What is a sacrament? (6:01)

Seg. 3- The seven sacraments (9:06)

## **Lesson 9- “When did my journey begin? (Baptism, Your Initiation into God’s Family)**

Review Game- (1:47)

Seg. 1- When did my journey begin? (4:19)

Seg. 2- What is Baptism (2:46)

Seg. 3- The Symbols of Baptism (3:40)

## **Lesson 10- “Why tell my sins to a priest?” (The Healing Power of Confession)**

Review Game- (1:48)

Seg. 1- Why tell my sins to a priest? (6:04)

Seg. 2- What is sin? (5:17)

Seg. 3- The power of Confession (7:51)

## **Lesson 11- “How does God help when it hurts?” (Anointing of the Sick and Redemptive Suffering)**

Review Game- (1:47)

Seg. 1- How does God help when it hurts? (8:15)

Seg. 2- God is with us (6:02)

Seg. 3- The Anointing of the Sick (6:21)

## **Lesson 12- “Who is the Holy Spirit?” (Meeting the Third Person of the Trinity)**

Review Game- (1:45)

Seg. 1- Who is the Holy Spirit? (6:23)

Seg. 2- Our guide and map (3:09)

Seg. 3- The Holy Spirit in your life (2:14)

### **Lesson 13- “What does the Holy Spirit do for me? (Gifts for the Journey)**

Review Game- (1:44)

Seg. 1- What does the Holy Spirit do for me? (10:04)

Seg. 2- Gifts of the Holy Spirit (part 2) (5:38)

Seg. 3- The 12 Fruits of the Holy Spirit (6:41)

### **Lesson 14- “Why have I been Chosen?” (Sealed and Sent in Confirmation)**

Review Game- (1:45)

Seg. 1- Why have I been Chosen? (7:50)

Seg. 2- The world needs you (5:47)

Seg. 3- What happens at Confirmation? (5:39)

### **Lesson 15- “Why do I have to go to Mass?” (Encountering Jesus in the Eucharist)**

Review Game- (1:48)

Seg. 1- Why do I have to go to Mass? (13:32)

Seg. 2- Walter’s Story (11:50)

Seg. 3- Preparing for Mass (6:14)

### **Lesson 16- “What does it mean to say, I do?” (Marriage, a Sign of God’s Love)**

Review Game- (1:45)

Seg. 1- What does it mean to say, I do? (8:19)

Seg. 2- Tough questions (5:57)

Seg. 3- Free.Total.Faithful.Fruitful (5:59)

### **Lesson 17- “Who’s Calling?” (Holy Orders and Vocational Discernment)**

Review Game- (1:46)

Seg. 1- Who’s Calling? (11:03)

Seg. 2- Questions about the Priesthood (10:53)

Seg. 3- Discerning God’s plan for your life (13:07)

### **Lesson 18- “Are you talking to me?” (Getting to Know God through Prayer)**

Review Game- (1:47)

Seg. 1- Are you talking to me? (8:01)

Seg. 2- How to pray (*Lectio Divina*) (8:28)

Seg. 3- What happens when I pray? (7:41)

## **Lesson 19- “Who is Mary?” (Meeting the Mother of God-and Your Heavenly Family)**

Review Game- (1:47)

Seg. 1- Who is Mary? (6:35)

Seg. 2- The Four Marian Dogmas (8:20)

Seg. 3- Marian Devotion (4:26)

## **Lesson 20- “What would Jesus do?” (The Beatitudes as a Path to True Happiness)**

Review Game- (1:46)

Seg. 1- What would Jesus do? (5:48)

Seg. 2- The Beatitudes in action (6:49)

Seg. 3- Living the Beatitudes (4:34)

## **Lesson 21- “Do I have what it takes?” (Building Virtue- Your Spiritual Workout)**

Review Game- 1:46

Seg. 1- Do I have what it takes? (8:06)

Seg. 2- The Cardinal and Theological Virtues (5:08)

Seg. 3- Living a life of virtue (7:00)

## **Lesson 22- “Why wait?” (God’s Plan for Love and Sex)**

Review Game- (1:46)

Seg. 1- Why wait? (8:41)

Seg. 2- Tough questions about Chastity (9:26)

Seg. 3- Tips for practicing Chastity (8:08)

## **Lesson 23- “How do I build the kingdom?” (Saying “Yes to the Mission of Christ and His Church)**

Review Game- (1:44)

Seg. 1- How do I build the Kingdom? (6:36)

Seg. 2- Building the Kingdom (3:12)

Seg. 3- The Works of Mercy (2:42)

## **Lesson 24- “Where do I go from here?” (The Journey Continues)**

Review Game- (1:44)

Seg. 1- Five disciplines of a Disciple (Part 1) (7:30)

Seg. 2- Five disciplines of a Disciple (Part 2) (12:19)